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stuck. They are stuck
on the same things.
Some of the things that

hold climbers back from improving their climbing standard are the same as they were twenty years ago: motivation, managing time, and not being able to analyse and correct their own basic technical or tactical errors.

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climbers back from improving their climbing standard are the same as they were 20 years ago: motivation, managing time, and not being able to analyse and correct their own basic technical or tactical errors. But they are also stuck for a new set of reasons.

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in this regard i found what i've read to be true, honest and useful for "9 out of 10 Page 15/26

climbers" as the title promises, 6 out of 9 being climbers that somehow know already what they'll read in the book, but who need some reminder and incitation from time to time.

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Navigation Through the Maze of Advice for the Self-coached Climber by Dave MacLeod. Buy a discounted Paperback of 9 Out of 10 Climbers Make the Same Mistakes online from Australia's leading online bookstore.

Dave MacLeod blog: 9 out of 10 climbers is here (soon) Peter Beal takes a look at Dave MacLeod's new book; 9 out of 10

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