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5 Indiana Academic Standards for Health & Wellness K.2.1 Identify how the family influences personal health practices. Example: Name the health practices of family members observed (e.g., brushing teeth, washing hands, wearing safety belt, looking both ways

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the patient will indicate to the nurse that the patient is in the preparation stage? a. I started to exercise regularly, but it didnt last long. Ill probably try again in a few weeks.

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